



Trinity-Byrnes

Collegiate School

Course Catalog 2019-2020

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Table of Contents

Mission Statement 3

Couse Selection/Placement 4

Credit/Graduation Requirements 5

Grading Scale 8

Course Descriptions

English 9

Mathematics 12

Social Studies 15

Science 17

World Languages 21

Creative Arts 22

Computer Science/Technology 25

Other Electives 26



Trinity-Byrnes Collegiate School

Our Mission

To operate exclusively as a college preparatory school of academic excellence for grades 7-12, preparing our students intellectually, physically, socially, and spiritually to be well-rounded citizens able to lead productive lives in a global society.

Our Motto

"Loyalty, Honor, Perseverance."

Our School Philosophy

Trinity-Byrnes Collegiate School serves the entire Pee Dee region and enrolls students who are motivated to make the most of the program offered. In addition to a rigorous academic curriculum, the school emphasizes a personalized approach to education, a strong sense of community, and multiple opportunities for students to develop their talents and leadership skills.

Course Selection/Placement

We offer a range of courses across all subject areas that are intended to provide a level of challenge and interest appropriate for the diversity of our student population. Upper School students in grades 9 -11 are expected to enroll in a minimum of six courses each semester. Seniors may choose to take only five courses if they are carrying a very heavy course load (e.g. multiple AP courses) and are on pace to graduate.

It is important that each student take courses that are appropriately challenging. Advice on placement should be sought from the relevant course teacher, College Counselor, or from the Associate Head of School. In selecting courses, particular attention should be paid to departmental recommendations and to any prerequisites for a course. Rising seniors should consult the College Counselor to ensure that their course load meets college admissions expectations.

Advanced Placement courses are designed to prepare students for the College Board AP exams in May. They are college level courses and the AP exam (*for which an approximate \$95 fee is charged*) is required in order to gain AP credit. These courses are very rigorous and require a level of commitment and time that generally far exceeds that of CP, or Honors classes. Only those students who meet the prerequisite grades in prior courses and have teacher recommendation will be considered for AP course enrollment. The school reserves the right to refuse to schedule, or to remove a student from an AP course when it believes such action to be in the best interest of the student, or the class. Class size limits may also affect decisions regarding individual student placement; low enrollment may result in a class not being offered, and popular courses will be filled on a first-come, first served basis.

Academic staff make recommendations for student placement for the upcoming year based on a student's record of work in current classes. In the vast majority of cases, students and parents are in agreement as to the best placement. On occasion a family may insist on placement at a level above that which has been recommended for a particular course. Families should understand that when this is the case student performance will be reviewed at Interim and end of the 1st Quarter, and the school reserves the right to change class for a student who is not performing well, or for whom placement is obviously not appropriate.

Credit/Graduation Requirements

At least twenty-six (26) academic credits are required to earn a TBCS diploma. A year-end grade of D or lower in any core academic course may require Summer School, or another form of remediation, including repetition of the entire course.

Subject Area	Credits Required	Notes
English	4	4 years of High School English are required
Mathematics	4	4 years of High School Math are required
Social Studies	3	World History or AP Human Geography, and US History or AP US History
World Languages	3	3 years of foreign language are required
Science	3	Biology & Chemistry + 1 additional lab science
Fine/Creative Arts	1	Art 1, Dance, Drama, or Music
Computer Science	1	Digital Cinematography (.50), Introduction to Programming (.50), Computer Science Concepts, AP Computer Science A, AP Computer Science Principles
Physical Education / Health	1	One semester of Physical Education and one semester of Health combined to meet this requirement. One semester of Gymnastics, or one year of Upper School Dance combined with a semester of Health is permissible, also.
Government	0.5	Government Honors, AP Comparative Government and AP US Government and Politics
Economics	0.5	Economics Honors, AP Micro and AP Macroeconomics
Electives	5	
TOTAL	26	

Seniors must enroll in a minimum of four core classes each semester to include English and Math both semesters.

Academic Honors Diploma

Beginning with the graduating class of 2020, Trinity-Byrnes Collegiate School will recognize our most outstanding students with Academic Honors Diplomas.

To receive an Academic Honors Diploma you must:

- Complete at least 30 credits including a minimum of 4 AP or Dual Credit courses
- Earn a cumulative weighted GPA no lower than 4.500
- No end of course grade lower than 75 is allowed
- Complete, document, and submit a minimum of 30 hours of community service as a senior (June 1 following junior year– May 1 of senior year)
- Be a student of excellent character (not to exceed more than one major discipline infraction grades 9-12)

Upper School Credits in Middle School

Students who complete the following courses in Middle School may be awarded high school credit that counts towards graduation requirements:

- Algebra 1 Honors
- English 1 Honors
- French, Spanish or Latin 1 (or completion of language 1a/1b sequence)
- Physical Science (does NOT count as 1 of 3 required lab courses)
- Being Digital (.5)
- Introduction to Programming (.5)

Additional Requirements

Fifteen (15) hours of community service per year is required of each student. A minimum of 5 hours must be completed with a non-profit, or community organization. The balance may be completed in service to the school, at the discretion of the Head of School.

GPA

GPA's are calculated from grades in courses taken during grades 9-12, and in some cases during Middle School. Honors and AP courses are weighted in determining the grade point average, but do not affect the numeric grade average.

Class Ranking

Due to the small size of the school and of individual classes, and because of our superior academic program, Trinity-Byrnes Collegiate does not provide class rankings, or include them on transcripts, except when required by college admissions offices, or when necessary for scholarship applications.

Textbooks

The majority of our courses have eTexts, iBooks, online texts, web-based assignments, or other online components. It is therefore strongly recommended that students have internet access at home in order to take full advantage of our digital learning program. Students who prefer to use hard copy texts are, of course, allowed to do so.

Academic Levels

College Preparatory (CP)

These courses are designed to prepare college bound students for the scholastic requirement for entry into colleges and universities.

Honors (H)

These courses are designed to extend, accelerate, and enrich student learning above and beyond a College Preparatory course. There must be evidence to prove enhanced rigor.

Dual Credit (DC)

This is a dual enrollment process, based upon formalized agreements between high schools and universities, or community colleges; by which a high school student enrolls in a college course and receives simultaneous, or concurrent academic credit for the course from both the college and high school.

Advanced Placement (AP)

This is a program in the United States and Canada created by the College Board which offers college-level curricula and examinations to high school students. American colleges and universities may grant placement and course credit to students who obtain high scores on the examinations.

Independent Studies & Online Courses

Independent Studies

In the Upper School, a student may propose to do an independent study on a topic of his or her choice. The Associate Head of School approves proposals that are endorsed by one of the student's parents and a supervising teacher. Proposals must include specific information about the time the independent study requires, the material to be studied, the work to be completed, and the methods for evaluating that work. Students may not do an independent study to satisfy graduation requirements or core course load expectations.

Online Courses

In cases when a student must have a particular course that does not fit into his/her schedule, is transferring into the school and needs to continue a particular course of study, needs to make-up credit for a failed course, or wishes to pursue advanced classes that are not offered at TBCS, online classes present a potential solution. The following rules apply:

- Online classes may not be taken in replacement of, or in lieu of classes offered at TBCS except in extenuating circumstances such as for transfer students, or due to scheduling conflicts when the classes are needed for graduation. They may, however, be taken as credit recovery courses to make up for failed courses.
- For a student to receive credit for an online course, it must be approved prior to enrollment.
- It will be assumed that online courses will earn “CP” weighting under the South Carolina Uniform Grading Policy unless higher weighting is requested and approved in advance.
- The sponsoring agency must be an accredited institution. The school reserves the right to refuse any online program when it believes the course does not meet the school’s standards for content and rigor.
- TBCS must be able to monitor students’ progress in online courses and courses must be completed by May 1st in order to be counted toward graduation credits.

Grading Scale

South Carolina Uniform Grading Scale

South Carolina Uniform Grading Scale Conversions				
Numerical Average	Letter Grade	College Prep Weighting	Honors Weighting	AP/IB/Dual Credit Weighting
100	A	5.000	5.500	6.000
99	A	4.900	5.400	5.900
98	A	4.800	5.300	5.800
97	A	4.700	5.200	5.700
96	A	4.600	5.100	5.600
95	A	4.500	5.000	5.500
94	A	4.400	4.900	5.400
93	A	4.300	4.800	5.300
92	A	4.200	4.700	5.200
91	A	4.100	4.600	5.100
90	A	4.000	4.500	5.000
89	B	3.900	4.400	4.900
88	B	3.800	4.300	4.800
87	B	3.700	4.200	4.700
86	B	3.600	4.100	4.600
85	B	3.500	4.000	4.500
84	B	3.400	3.900	4.400
83	B	3.300	3.800	4.300
82	B	3.200	3.700	4.200
81	B	3.100	3.600	4.100
80	B	3.000	3.500	4.000
79	C	2.900	3.400	3.900
78	C	2.800	3.300	3.800
77	C	2.700	3.200	3.700
76	C	2.600	3.100	3.600
75	C	2.500	3.000	3.500
74	C	2.400	2.900	3.400
73	C	2.300	2.800	3.300
72	C	2.200	2.700	3.200
71	C	2.100	2.600	3.100
70	C	2.000	2.500	3.000
69	D	1.900	2.400	2.900

Course Descriptions

English

English Language Arts 7

Students in Grade 7 read four major types of literary texts: fiction, literary nonfiction, poetry, and drama. Seventh grade students create written work that has a clear focus, sufficient detail, coherent organization, effective use of voice, and correct use of the conventions of written Standard American English. Students must also clarify and refine research topics using print and non-print sources. English 8, or English 1 Honors are the courses that follow English 7.

English Language Arts 8

This course is the on-level 8th grade English language and literature program. Students consolidate and build on the skills and knowledge gained in English 7 in order to be prepared to begin the regular track of upper school English classes, beginning with English 1, in 9th Grade.

English I - Genre Studies (Honors or CP)

Students in English I will read and analyze four major types of literary texts: fiction, literary non-fiction, poetry, and drama. Students will also create written work that has a clear focus, sufficient detail, coherent organization, effective use of voice, and core use of standard American English. They will build vocabulary by word analysis and vocabulary strategies while focusing on specialized and academic vocabulary. They will also access and use information from a variety of sources for research purposes.

Prerequisite: Honors for Grade 8 requires 85 or higher in English Language Arts 7

English II - Introduction to Literary Forms (Honors or CP)

In this class, taken predominantly by 9th graders, students will expand their skills in reading and analyzing literature, writing, and research. Students in English II will read and analyze four major types of literary texts: fiction, literary nonfiction, poetry, and drama. Students will also create written work that has a clear focus, sufficient detail, coherent organization, effective use of voice, and core use of standard American English. They will build vocabulary by word analysis and vocabulary strategies while focusing on specialized and academic vocabulary. They will also access and use information from a variety of sources for research purposes.

Prerequisite: CP requires successful completion of English I. Honors requires a minimum grade of 85 in English I Honors; students with a 90 or above in English I CP may, with teacher recommendation, request English II Honors.

English III - American Literature (Honors or CP)

This is our standard 10th grade course, offered at either Honors or CP level. In this course, students will study selected literary works such as novels, plays, nonfiction, and poetry primarily by American authors and may include selections from the anthology as well as Hawthorne, Hemingway, Melville, Thoreau, Whitman, Dickinson, Hughes, and Douglass. Students will also study vocabulary, public speaking, and the research paper process. Students will continue to review elements of grammar, analysis and composition.

Prerequisite: Honors requires a minimum grade of 85 in English II Honors; students with a 95 or above in English II CP may, with teacher recommendation, request English III Honors. CP requires successful completion of English II.

English IV - British Literature (Honors or CP)

This course is offered at Honors or CP level for Juniors and Seniors. British Literature traces the evolution of the English language from Old English to Modern English through a study of the literature of each historical period. The course also emphasizes vocabulary, grammar, and composition.

Prerequisite: Honors requires a minimum grade of 85 in English III Honors; students with a 90 or above in English III CP may, with teacher recommendation, request English IV Honors. CP requires successful completion of English III.

AP English Language & Composition

The AP course in English Language and Composition engages students in becoming skilled readers of prose written in a variety of rhetorical contexts, and in becoming skilled writers who compose for a variety of purposes. Both their writing and their reading should make students aware of the interactions between a writer's purposes, audience expectations, and subjects, as well as the way genre conventions and the resources of language contribute to effectiveness in writing. This course may be taken either Junior, or Senior year if a student has met the prerequisites and has a teacher recommendation.

Prerequisite: Strong performance in English I-III or IV (usually a minimum of 90) and the recommendation of the instructor.

AP English Literature & Composition

The AP English Literature and Composition course engages students in the careful reading and critical analysis of imaginative literature. Through the close reading of selected texts students deepen their understanding of the ways writers use language to provide both meaning and pleasure for their readers. As they read, students consider a work's structure, style and themes, as well as such smaller-scale elements as the use of figurative language, imagery, symbolism and tone. This course may be taken either Junior or Senior year if a student has met the prerequisites and has a teacher recommendation. The May AP test is required for all students to earn AP credit for this course.

Prerequisite: Strong performance in English I-III/IV - usually a minimum of 90 - and the recommendation of the instructor.

Contemporary Literary Themes (Honors)

This Junior or Senior course explores major themes in contemporary works of literature. Students will read, discuss, and analyze literary selections. They will examine author's techniques, research, and write about a variety of works including literature from different cultures, authors and societies. The course will help students become more culturally literate and globally aware while developing vocabulary, reading, comprehension, and composition skills.

Prerequisite: Successful completion of English IV.

Semester Courses

Two semester-long elective English classes must be chosen if they are to replace a full-year class. These English courses may, however, also be taken as well as a regular English selection for additional or elective credit.

Please note: not all of these courses will be offered in one academic year, but students are encouraged to request those that are of interest to them.

Public Speaking (S) Dual Credit Coker University

This course provides instruction and experience in preparation and delivery of speeches within a public setting and group discussion. Emphasis is on research, preparation, delivery, and evaluation of informative, persuasive, and special occasion public speaking. Students will learn about rhetorical strategies that strengthen speeches. Students will refine their research process evaluating source legitimacy and reliability. Upon completion, students should be able to prepare and deliver well-organized speeches and participate in group discussion with appropriate audiovisual support. Students should also demonstrate the speaking, listening, and interpersonal skills necessary to be effective communicators in academic settings, in the workplace, and in the community. This class will prepare students for both discussions and presentations at the college level and beyond.

Creative Writing (Honors) (S)

Creative writing is designed to aid students in their creative expression, as well as delivery of one's writing. Students will read and discuss articles on the craft of writing. The first quarter will focus on fiction. Students will read and evaluate the effectiveness of fiction of varying styles. They will write and workshop short stories to complete a final portfolio. The second quarter will focus on poetry. Students will learn poetic vocabulary and read interpret poems of varying styles. Students will write and workshop each other's poetry to complete a final portfolio at the end of the quarter. Students will be expected to deliver their writing to an audience.

Film Studies I (Honors) (S) – Genre and History

This course examines the interaction of film and literary texts, and the qualities of each. During the semester we will consider what happens when a variety of short stories, novels, or plays are made into a film; if we approach film and literary texts differently; and how we view and read these texts. We will also consider the cultures out of which the texts come: Does it make a difference if the work was written in 1789 or 1934 and filmed in 2011, or if the story was written by an Argentinian, and filmed in London by an Italian director? This course will be useful to anyone who has an interest in learning more about films and literature in general, screenwriting, how the written word is translated to the screen, how the written word in another language is translated (first in print, then to the screen), and cultural and historical aspects of adaptation. No background in film studies is needed for this course. You will, however, be asked to look at and think about films more reflective than some of you have in the past. We will read about and view the films from a variety of perspectives; your responses to these texts and close viewing and reading of the texts will be important components of this class.

Film Studies II (Honors) (S) – Social Themes

This course examines the interaction of film and literary texts, and the qualities of each. During the semester we will consider what happens when a variety of short stories, novels, or plays are made into a film; if we approach film and literary texts differently; and how we view and read these texts. We will also consider the cultures out of which the texts come: Does it make a difference if the work was written in 1789 or 1934 and filmed in 2011, or if the story was written by an Argentinian, and filmed in London by an Italian director? This course will be useful to anyone who has an interest in learning more about films and literature in general, screenwriting, how the written word is translated to the screen, how the written word in another language is translated (first in print, then to the screen), and cultural and historical aspects of adaptation. No background in film studies is needed for this course. You will, however, be asked to look at and think about films more reflectively than some of you have in the past. We will read about and view the films from a variety of perspectives; your responses to these texts and close viewing and reading of the texts will be important components of this class.

Seminar: African American Literature (Honors) (S)

Students will engage in the reading of works that span the African American literary canon. They will grapple with themes of identity, institutions, societal expectations, historical context and others. This course will consist of works written by African American authors that may include, Douglass, Angelou, Hughes, Ellison, Morrison, Brooks, and more.

This course is meant to challenge preconceived and socially constructed notions about race and how it relates to literature. This is an honors level course that requires both analytical reading and writing.

Prerequisite: Successful completion of English III.

Seminar: Young Adult (S) Dual Credit Coker University

This course focuses on literature/genres written for and marketed to adolescents including literature that focuses on diverse cultures. We will read and discuss books related to gender, dystopian visions, cultural diversity, friendship, coming of age, voice and silence, difference, sexual and cultural identity, technology, race and class, and a range of other social and psychological themes. Students will share responsibility for facilitating discussion of the texts. In addition, the course will include a multimedia approach to literature where we will view several different variations of the same work. This course will focus on analyzing what makes the genre of YA literature unique in its own right. This course is designed for Upper School Students.

Prerequisite: Successful completion of English III.

Seminar: Major Authors (S) Dual Credit Coker University

A critical study of the work of a single author, such as Jane Austen, The Bronte Sisters, William Blake, Langston Hughes, Toni Morrison, Walt Whitman, Charles Dickens, William Faulkner, Kurt Vonnegut. Special attention given to biography, culture, and literary context. This seminar experience includes lectures, discussions, in-class writing, techniques for drafting, developing, shaping, revising, and editing work, supportive feedback, and individual meetings for the development of significant projects and for the assessment of work, with class time divided accordingly. This class provides an intensive engagement with one author’s life and work and uses this engagement as a lens through which to examine literary and cultural issues. This class should not be a survey of the author’s literary output; instead it should focus on the representative works to facilitate more sustained engagement with the ideas that animate the author’s work.

Prerequisite: Successful completion of English III.

Mathematics

Upper School Math Course Sequencing

Our math program is designed to allow students with different levels of interest and ability in math to succeed in the subject. The sequences are outlined below, but we allow flexibility where appropriate based on student needs and teacher recommendation.

9th Grade	10th Grade	11th Grade	12th Grade
Algebra I (CP)	Geometry (CP)	Algebra II (CP)	Discrete Math (H) Statistics (H)
Geometry (H)	Algebra II (H)	Precalculus (H) Discrete Math (H) Statistics (H)	AP Statistics AP Calculus AB
Algebra II (H)	Precalculus (H)	AP Calculus AB	AP Statistics AP Computer Science AP Calculus BC

Math 7

This is a 7th grade course that includes the Standards for Mathematical Practice and the Standards for Mathematical Content. The goal of Math 7 is to ensure mastery of 7th grade mathematical standards to fully prepare students to progress to higher-level courses. Students will generally progress to Pre-Algebra 8, then Algebra I in 9th grade.

Pre-Algebra 7H/8CP

The objective of this course is to review previously learned material to cover and ensure mastery of concepts and skills needed for success in Algebra I. New algebraic concepts, such as two-step linear equations and inequalities, are introduced and developed, segueing to verifying and finding solutions to word problems at the Algebra I level.

Prerequisites: 7H requires minimum grade of 85 in 6th grade math, a predetermined standardized test math score, and teacher recommendation.

Algebra I (Honors or CP)

Students may enter Algebra I after taking either Pre-Algebra, or Math 8. It may be taken in 8th grade for Honors credit, or at CP level in 9th grade. Algebra I introduces basic algebraic skills and concepts focusing on mathematical problem solving. It includes operations with real numbers, simplifying expressions, evaluating and solving equations and inequalities, linear graphs, functions, polynomials, and factoring. Algebra I is a prerequisite for Geometry.

Prerequisite: Honors requires a minimum grade of 85 in Pre-Algebra. CP has no prerequisite.

Geometry (Honors or CP)

Students take Geometry after completing Algebra I. This course is concerned with questions of shape, size, relative position of figures, and the properties of space. It covers the basic language and concepts of geometric logic, as well as geometric transformations and coordinate systems, and two-column proofs.

Prerequisite: Honors requires a minimum grade of 85 in Algebra I Honors. Students with a 90, or above in Algebra I CP may, with teacher recommendation, request Geometry Honors. CP requires successful completion of Algebra I.

Algebra II (Honors or CP)

This course is designed to build on algebraic and geometric concepts. It develops advanced algebra skills such as systems of equations, advanced polynomials, imaginary and complex numbers, quadratics, and it also introduces matrices and their properties. Students on an honors track generally proceed to Precalculus Honors after Geometry Honors as Juniors.

Prerequisite: Algebra I & Geometry. Honors requires a minimum grade of 85 in Geometry Honors; students with a 90 or above in Geometry CP may, with teacher recommendation, request Algebra II Honors.

Precalculus (Honors)

This course is for students with strong ability in math and will prepare them for college and AP Calculus AB, should they choose. Precalculus combines the trigonometric, geometric and algebraic techniques needed to prepare students for calculus, and strengthens students' conceptual understanding of problems and mathematical reasoning in solving problems. It is the study of advanced functions, including higher-degree polynomials, rational functions, exponential, logarithmic and trigonometric. Students in Precalculus Honors can take either AP Calculus (AB), or AP Statistics as seniors. The choice should be based on math ability and performance in Precalculus, preparation necessary for future studies, and interest. A Texas Instrument graphing calculator is required for this course.

Prerequisite: Minimum grade of 85 in Algebra II Honors and teacher recommendation. Students with a 90 or above in Algebra II CP may, with teacher recommendation, request Precalculus Honors.

Discrete Math (CP or Honors)

Discrete Math provides a general survey of mathematical topics (functions, statistics, probability, logic, algebra, geometry, business math, etc.) that are useful in the contemporary world while strengthening students' knowledge of fundamental mathematics. Students will develop the ability to understand and reason with quantitative issues and mathematical ideas they are likely to encounter in college, career, and adult life. The course follows after Algebra 2 and provides an option (along with AP/Honors Statistics) for a fourth year of fundamental mathematics for those students who are not going to pursue a college major that requires Calculus.

Prerequisite: Successful completion of Algebra II (CP) or an 85 plus teacher recommendation in Algebra II Honors (Honors).

Statistics (Honors)

This is an honors level course which is designed to walk students through the process of gathering data, describing it graphically and analytically, making inferences and testing hypotheses with the data, and communicating their results clearly and accurately at each step of the process. Students cover the four major themes in statistics: exploratory analysis, planning data production, probability, and statistical inference.

Prerequisite: Successful completion of Algebra II Honors.

AP Calculus (AB)

The course covers the theory and application of the derivative and its interpretation as an instantaneous rate of change using numerical, graphical and analytical approaches. The theory of the definite integral and antiderivatives is developed with strong focus on applications in geometry and physics. The course follows the College Board curriculum in order to adequately prepare students to take the AP examination, which is required for the completion of the course. A Texas Instrument graphing calculator is required for this course.

Prerequisite: A minimum grade of 90 in Precalculus Honors and teacher recommendation.

AP Calculus (BC) / Calculus 3 (Multivariable)

AB Calculus is a prerequisite. This course begins with advanced integral techniques and covers applications of the integral, sequences, series, Taylor series and vectors. In the second semester, students begin multivariable calculus. Students will be required to take the AP Calculus BC examination. A Texas Instrument graphing calculator is required for this course.

Prerequisite: AP Calculus AB and teacher recommendation.

AP Statistics

This is an Advanced Placement college level course which is designed to walk students through the process of gathering data, describing it graphically and analytically, making inferences and testing hypotheses with the data, and communicating their results clearly and accurately at each step of the process. Students cover the four major themes in statistics: exploratory analysis, planning data production, probability, and statistical inference.

Prerequisite: A minimum grade of 90 in Algebra II Honors and teacher recommendation.

Social Studies

World Geography 7

World Geography is a broad survey course of world geography. Students will be able to demonstrate an understanding of both Physical & Human Geography including weather, climate, vegetation, oceans and seas, and world resources. The course outlines the five major themes of world geography with an emphasis on the study of social, environmental, economic, and political issues that impact today's world.

SC History and The Founding Fathers

Students in 8th grade take a broad survey course of South Carolina History during the 1st semester, contrasting the political, social, and environmental aspects -both past and present- that play a role in the story of South Carolina. The Founding Fathers is an exploration of the people and the documents that forged the early history of the United States.

World History (Honors or CP)

This year-long class will explore major themes in world history from the beginnings of "civilization" through the Cold War. The course material is anchored to geographical areas such as river valleys, plains, oceans, and mountain ranges. Themes include the importance of geography and climate on historical development, and transnational forces like migration, trade, empire-building, and cultural diffusion in producing historical change. Students will learn the basics of historical thinking by analyzing primary sources, researching historical questions, and reporting their research in thesis-driven essays and presentations to the class.

Honors Prerequisite: A minimum 85 average in SC/US History

U.S. History (Honors or CP)

This is an on-level 11th grade course and is a survey of American history from pre-Columbian times to the present. Students will learn factual information as a basis for analysis and interpretation, as well as a number of important concepts and thematic patterns in history. They will also expand their skills in critical thinking, evaluation, synthesis, research, and writing. We will examine the political, diplomatic, economic, social, cultural, and myriad other factors that influenced America and Americans and that still resonate with Americans today.

Prerequisite: Successful completion of World History

AP Art History

AP Art history emphasizes understanding works of art within their historical context by examining issues such as politics, class, religion, patronage, audience, gender, function, and ethnicity. The AP Art History course also teaches students how to understand works of art through both visual and contextual analysis. Students must have completed World History. Students who have taken Studio Art II and AP Modern European History will be well-prepared for this course.

Prerequisite: Strong performance with a minimum of 85 in previous social studies courses and teacher recommendation.

AP Comparative Government

This course will cover International Relations and Comparative Government Theory and then apply that knowledge to the study of six countries: the United Kingdom, Russia, China, Mexico, Nigeria, and Iran. Students will study the history of political, social, and economic development in each of the six countries, the current structure of the governments, and the political culture and policy debates in those countries today. As this is an AP course, it will require a substantial amount of reading and written work, as well as some work over the summer.

Prerequisite: Strong performance with a minimum of 85 in previous social studies courses and teacher recommendation.

AP European History

This course is a college-level survey of European history from the late antiquity to the present that prepares students to take the AP European History Exam in May. Students will learn factual information as a basis for analysis and interpretation, as well as a number of important concepts and thematic patterns in history. They will also expand their skills in critical thinking, evaluation, synthesis, research, and writing. We will examine the political, diplomatic, economic, social, cultural, and myriad other factors that influenced European development.

Prerequisite: Strong performance with a minimum of 85 in previous social studies courses and teacher recommendation.

AP Human Geography

This course introduces students to the systematic study of patterns and processes that have shaped human understanding, use and alteration of Earth's surface. Students employ spatial concepts and landscape analysis to examine human social organization and its environmental consequences. They also learn about methods and tools geographers use in their science and practice.

Open to 9th graders who completed SC/US History and English I H with a 90 or higher for the year.

AP Macroeconomics

AP Macroeconomics is a course offered to students in grades 10-12 interested in coursework beginning with fundamental economic concepts such as scarcity, opportunity costs, production possibilities, specialization, comparative advantage, demand, supply, and price determination. Major topics include measurement of economic performance, national income and price determination, fiscal and monetary policy, and international economics and growth. This class is usually taken in conjunction with AP Microeconomics.

Prerequisite: Completion of U.S. History and Algebra II with 85 or higher averages

AP Microeconomics

AP Microeconomics is a course for students in the study of fundamental economic concepts such as scarcity, opportunity costs, production possibilities, specialization, and comparative advantage. Major topics include the nature of functions of product markets; factor markets, efficiency, equity, and the role of government.

Prerequisite: Completion of U.S. History and Algebra II with 85 or higher averages

AP U.S. Government and Politics

This course is an introduction to the discipline of Political Science. It provides a nonpartisan introduction to key political concepts, institutions, policies, interactions, roles, and behaviors that characterize the constitutional system and culture in the United States.

Prerequisite: Strong performance with a minimum of 85 in previous social studies courses and teacher recommendation.

AP U.S. History

This course is a college-level survey of American history that prepares students to take the AP U.S. History exam in May. The course may be taken by 10th grade students who meet the prerequisite PSAT score in Writing, who understand the level of reading and commitment required, and are recommended by current English and Social Studies teachers. AP U.S. History is designed to provide students with the analytic skills and factual knowledge necessary to deal critically with the problems and materials in U.S. history. Students will learn to assess historical materials -their relevance to a given interpretive problem, reliability, and importance- and to weigh the evidence and interpretations presented in historical scholarship.

Prerequisite: Strong performance with a minimum of 85 in previous social studies courses and teacher recommendation.

Semester Courses (S)

Economics (S) (Honors)

This semester-long course explores an overview of both Macro and Micro Economics. This course will utilize guiding questions, projects, essays, tests, quizzes and various reading assignments to frame topics and to guide students through the learning experience towards an understanding of fundamental principles of economics.

Psychology Honors (S)

The purpose of Honors Psychology is to introduce students to the systematic and scientific study of the behavior and mental process of human beings. Students will learn about this science through lectures, assigned readings, research, dialogue, and projects.

Prerequisite: Successful completion of World History

U.S. Government (S) (Honors)

In this semester-long course, we will examine the fundamentals of American government and politics, from its roots in the Constitution to today. Students will explore a variety of topics, both historical and current, and will keep up-to-date on current events and issues in American politics. We will also look closely at the structure and institutions of American government and how they operate.

World Religions (S) (Honors)

World Religions is a semester-long survey of major religious systems: Judaism, Christianity, Islam, Hinduism, and Buddhism. Students will explore the beliefs, practices, and holy texts of these religions, and examine each religion's evolution through different historical eras. Essential class themes include the connections between religion and phenomena like gender, violence, ethics, world history, and modernity. To give students a feel for university-level course work, they will conduct original research and present their findings in an atmosphere mimicking an academic conference.

Science

Life Science

This introductory course taken by all 7th grade students includes the study of cells, diversity, health & ecology. Science process skills and the scientific method are integrated within these topics.

Earth Science

This on-level 8th grade Science course studies the branch of science dealing with the physical constitution of the earth and its atmosphere to include geology, oceanography, and meteorology.

Prerequisite: Life Science

Physical Science (Honors)

This 8th grade course covers the basics of chemistry and physics. Students will develop a solid foundation in a variety of concepts including matter, energy, atoms, the periodic table of elements, chemical reactions, velocity, acceleration, forces, and Newton's law of motion.

Prerequisite: Life Science with an 80 or higher year end average

Biology (CP or Honors)

Biology is usually offered as a 9th grade lab science. The course includes the following topics: cells, genetics, heredity, evolution, and a survey of the diversity of species. Students are introduced to basic biological concepts. Students cultivate creative thinking skills to apply these concepts to real life.

Prerequisite: Honors requires 85 or higher in Physical Science Honors.

Chemistry (CP or Honors)

Chemistry follows in sequence after Biology. This course includes the study of atomic structure, matter and energy, chemical formulas and reactions, acids and bases, and gases. Students in Chemistry CP should ideally be enrolled in Algebra 2 to be able to master the mathematical demands of the course. The class stresses skills such as note taking and problem solving. The students will be taught laboratory methods used in the sciences to evaluate observations, knowledge and ideas.

Prerequisite: Successful completion of Biology and Conceptual Physics for CP. For Honors, a grade of 85, or better in Geometry and a grade of 85, or better in Honors Biology. Exceptions will be made with a teacher recommendation from one of these courses.

Physics (Honors)

Generally taken after students have completed Honors Chemistry, Physics topics include Kinematics, Newton's Laws, Energy, Fluid Mechanics, Heat, Light/Optics, Thermodynamics, Sound, Electricity, Waves, and Magnetism. Due to the expectation of competency with math, students wishing to take Honors Physics should have already completed Algebra II.

Prerequisite: Successful completion of Chemistry and Algebra II.

Anatomy & Physiology (Honors)

This elective is an introductory course of human anatomy and physiology, designed to introduce students to the complexities of the human body structure and function and provide them with a solid foundation for future studies in science and medicine.

Prerequisite: Successful completion of Biology and Chemistry.

Semester Science Electives

Marine Biology - I (S) (Honors)

Marine Biology I is a semester-long science elective for junior and senior students. The course focuses on ocean habitats and the physical forces that shape them. Students will have a better understanding of plate tectonics, waves, tides, and climate; simple marine life and plants upon completion of the course. The course uses a variety of teaching formats, lecture slides, textbook readings, science videos, lab experiences and field trips.

Prerequisite: Successful completion of Biology and Chemistry.

Marine Biology - II (S) (Honors)

Marine Biology II is a semester long science elective for junior and senior students. The Marine Biology II course encompasses the study of marine life. Students will study the Phyla represented in the Animal Kingdom and the interdependence of these organisms during second semester. The course uses a variety of teaching formats and there are dissection labs included. Marine Biology is designed to be challenging but not overwhelming to the average junior/ senior level science student and assumes prior completion of both Biology and Chemistry.

Prerequisite: Successful completion of Biology and Chemistry.

Forensic Science - I (S) (Honors)

Introduction to Forensic Sciences is the first semester science elective for students who have completed Biology and Chemistry courses. The first semester will include a history of forensic science, processing methods of trace evidence (serology, fingerprinting, etc.) and forensic psychology.

Forensic Science - II (S) (Honors)

The second semester of Forensic Sciences will focus primarily on chemical evaluation of evidence. This class offers labs that will include applied chemical methods in inorganic, organic and biochemical techniques.

Prerequisite: Successful completion of Biology and Chemistry.

Genetics (S) (Honors)

Topics include: structure and function of genes, chromosomes and genomes, biological variation, mutation and use of genetic methods to analyze protein function, gene regulation, and inherited diseases.

Prerequisite: Requires a minimum grade of 80 in Biology H.

Astronomy (S) (Honors)

This course introduces students to the composition and structure of the universe. Astronomy is the scientific study of the contents of the entire Universe. This is a Non-Laboratory Course that provides the student with a study of the universe and the conditions, properties, and motions of bodies in space. The content includes, but is not limited to, historical astronomy, astronomical instruments, the celestial sphere, the solar system, the earth as a system in space, the earth/moon system, the sun as a star, and stars and galaxies.

AP Biology

This lab course is offered to motivated students who wish to delve deeper into the life sciences. Emphasis will be on cell biology, genetics, evolution and the diversity of organisms. This advanced lab science course in Biology will prepare junior and senior students to take the AP Biology Exam and the SAT II Biology subject test.

Prerequisites: Requires a minimum grade of 85 in Biology and Chemistry.

AP Chemistry

This course prepares students to take the College Board's AP Chemistry exam in May. Honors chemistry is strongly recommended as a prerequisite for this class. The AP Chemistry course focuses on a model of instruction that promotes enduring, conceptual understandings and the content that supports them. This approach enables students to spend less time on factual recall and more time on inquiry-based learning of essential concepts, and helps them develop the reasoning skills necessary to engage in the science practices used throughout their study of AP Chemistry.

Prerequisites: Students must have demonstrated their ability by earning final minimum grades of 90 in both Biology and Chemistry courses and have approval of the Science Department Coordinator.

AP Environmental Science

The six themes of this course are: science as a process, energy in ecological processes, the earth as single interconnected system, human impact on natural systems, the social and cultural context of environmental problems, and human survival through sustainable systems. Project work emphasizing sustainability, energy resources and consumption, pollution, the six themes and global change are performed throughout the year. Students will take the AP Environmental Science exam in May. This course is tentatively offered with dual enrollment college credit from Coker College.

Prerequisites: Students must have demonstrated their ability by earning final minimum grades of 85 in both Biology and Chemistry courses and have approval of the Science Department Coordinator.

AP Physics I (rotating off 2019-2020)

AP Physics I: Algebra-Based is the equivalent of a first-semester college course in algebra-based physics, but it is designed to be taught over a full academic year to enable students to develop deep understanding of the content and to focus on applying their knowledge through inquiry labs. The course covers Newtonian mechanics (including rotational dynamics and angular momentum); work, energy, and power; and mechanical waves and sound. It also introduces electric circuits. This course is tentatively offered with dual enrollment college credit from Coker College.

Prerequisites: Students should have completed Geometry and be concurrently taking Algebra II or an equivalent course.

AP Physics II

This course focuses on the investigation of seven big ideas introduced in AP Physics II. It covers fluid statics and dynamics; thermodynamics, electrostatics, electrical circuits; magnetic fields; electromagnetism; physical and geometric optics.

Prerequisites: Students should have completed Geometry and be concurrently taking Algebra II or an equivalent course.

World Languages

Latin Ia, Ib (CP)

This introductory course for 7th grade students teaches comprehension of the Latin language by practice in reading through which students develop understanding of the social and political history of the Romans. Students will need a good understanding of English grammatical terms and concepts in order to succeed in this course. Students who complete Latin Ib in 8th grade will gain high school Latin I credit, counting towards the three year language graduation requirement. High school students who wish to start Latin will, with teacher approval, begin their Latin studies in this class, with the goal of moving directly to Latin II the following year.

Latin I (CP)

Intended for students who have taken Latin Ia in 7th grade, Level I Latin teaches comprehension of the Latin language through practice in reading through which students develop understanding of the social and political history of the Romans. Latin students from grade 7 to grade 9 will compete in the National Mythology exam.

Latin II (CP)

Students in Latin II will continue to read and gain a better understanding of Latin; they will recognize and use complex grammatical structures essential for translation and will research and report on specialized customs, classical occupations, and development of Roman government. Students also recognize and use elements of the Latin language to increase their knowledge of their own language. Latin students from grade 7 to grade 9 will compete in the National Mythology exam.

Prerequisites: Successful completion of Latin I

Latin III (Honors)

Students in Latin III will develop comprehension of the language, responding appropriately to more complex written Latin; they will compare classical customs with parallel modern day equivalents and will recognize the influence of the Romans on their own world and make comparisons. Students will also be able to determine the meaning of English vocabulary. Students will also learn Ancient Greek and compete in the National Greek Exam, as well as the National Mythology Exam.

Prerequisites: Successful completion of Latin II.

Latin IV (Honors)

Students will read authentic passages, prose and poetry, and study Roman literature and its influence on Western literature. Latin IV Honors will prepare students for the AP course by studying specific authors and complex grammar.

Prerequisites: Successful completion of Latin III.

Latin V (Honors)

Students will read, translate, understand, analyze and interpret lines of Caesar *De Bello Gallico* and Vergil's *Aeneid*, and will be able to read and interpret passages at first sight. The AP Latin syllabus is rigorous in the development of these skills.

Prerequisites: Requires a minimum grade of 80 or higher in Latin IV.

French & Spanish I/Ia-b (CP)

French and Spanish I are taught primarily in the target language. In level I, students will communicate on a variety of personal topics, such as family and friends, likes and dislikes, and classes. Students will speak the target language every

day, in addition to developing skills in listening, reading, writing, and intercultural interactions. Students' goal is to communicate at the Novice Mid proficiency level (ACTFL). Level I is offered at the middle and upper school level. Students who complete French or Spanish Ib in 8th grade will gain high school language 1 credit, counting towards the three year language graduation requirement.

French & Spanish II (CP)

French and Spanish II are taught primarily in the target language. In level II, students will continue to develop their communication skills through navigating real life situations such as shopping, going to the doctor, and traveling. Students will speak in the target language every day and work with authentic resources, including websites, videos, and advertisements. Students' goal is to communicate at the Novice High to Intermediate Low proficiency level (ACTFL).

Prerequisites: Successful completion of level I.

French & Spanish III (Honors or CP)

French and Spanish III are taught in the target language. In level 3, students will develop the skills to discuss personal topics in greater detail and with more complexity. Students will also learn to relate events in the past tense. Students will speak in the target language every day and begin to complete more complex interpretive tasks. Students' goal is to communicate at the Intermediate Mid proficiency level (ACTFL).

Prerequisite: Successful completion of level II.

French & Spanish IV (Honors)

French and Spanish IV are taught exclusively in the target language and carry an honors credit. In level IV, students will communicate on a variety of personal topics and begin to discuss current issues, such as the environment. Students will speak at length and engage with complex authentic resources and relevant cultural texts. Students' goal is to communicate at the Intermediate High to Advanced Low proficiency level (ACTFL).

Prerequisites: Successful completion of level III.

French & Spanish V (Honors)

French and Spanish V are exclusively taught in the target language and carry an honors credit. Students will communicate extensively in the language of instruction. In level V, students will discuss a variety of global issues and current events through interaction with authentic readings, recordings and videos. This course provides initial preparation for AP French or Spanish in Level VI. Students' goal is to communicate at the Advanced Low to Mid proficiency level (ACTFL).

Prerequisite: Successful completion of level IV.

Creative Arts

Middle School Art

This program will introduce students to the elements and principles of design in art. The course will focus on basic concepts such as color theory, drawing techniques, printmaking, 3D design, ceramics, and painting.

Middle School Dance

This year-long course offers instruction in basic dance techniques, fitness fundamentals, movement qualities, and rhythm with an emphasis on creativity, and performance. Middle School Dance is open to both boys and girls and is particularly recommended for cheerleaders and other student athletes who wish to improve agility, flexibility and coordination. A short performance will take place in the spring.

Middle School Music

Middle School Music is a semester-long introductory study into vocal performance and music basics, in which the goals is to obtain a greater understanding of music and to build confidence as a vocal performer. Students will perform in a final Stage Performance, and in the Winter/Spring Concerts.

Middle School Drama

Middle School Drama is an introduction to the study of Dramatic Arts with an emphasis in the area of Theatrical Performance. Students are provided with an overview in all areas of acting and stage production and will grow in their knowledge and confidence through performance. All students will be given the opportunity to participate in a large theatrical production. This is a year-long course.

AP Studio Art: 2-D Design

In this course students are asked to demonstrate mastery of 2-D design through two-dimensional medium or process, including but not limited to: graphic design, digital imaging, photography, collage, fabric design, weaving, fashion design, painting, printmaking, video clips, DVDs, and CDs. AP course credit is not based on a written exam; instead students submit portfolios for evaluation at the end of the school year.

Prerequisite: Art III or Teacher recommendation

Studio Art I (CP)

Studio Art offers the high school student an introduction to the four major components of Art (Artistic Perception, Creative Expression, Historical and Cultural Context and Aesthetic Valuing), with a heavy emphasis on Creative Expression. Students will keep a journal in which they record ideas, sketches, vocabulary, criteria and information in a creative way. They will produce several works of art throughout the year that reflect their own personal viewpoints, while exploring all types of media in a studio environment.

Studio Art II (H)

The course aims to give each student an advanced degree of exposure to the components of art, while they develop further their skills in given media areas in an appropriate studio environment. Only those students who have completed Studio Art I may take this next level of Studio Art.

Prerequisite: Successful completion of Studio Art I or permission of teacher.

Ceramics (CP)

Ceramics provides the opportunity for kinesthetic learners to get their hands dirty. Ceramics takes art and design off the page and into the three dimensional world. Creating art in the third dimension teaches problem-solving skills using a hands-on approach. This course will teach students about the ceramic process, from Kneading the clay until the final glaze fire. This course will also cover the history of ceramics, measuring and planning in 3-D, different types of clay, and clay building techniques.

Prerequisite: Successful completion of Studio Art I or permission of teacher.

Introduction to Photography (S) (CP)

This semester-long class is an introduction to the use of DSLR cameras and editing software to create aesthetically pleasing photographs. After a general outline of the parts of a camera and the definition of its settings, much emphasis will be put on the use and arrangement of the elements and principles of art to compose chosen subject matter artistically. History, theory and concepts of Photography will also be explored in this course. Assuming students should use the

camera that is most available to them, use of iPads and iPhones will also be a major component of the course. For additional credit, students may also elect to take photographs for Yearbook.

Prerequisites: Successful completion of Studio Art I and permission of teacher.

Art Portfolio/Art III (S) (Honors)

This class is designed to allow students to further develop the skills of their chosen media, as well as beginning to conceptualize the content of their work. Part of the focus of the course is to allow students to begin to experience a more realistic studio environment where they are allowed more freedom to explore with the instructor as a guide.

Prerequisites: Successful completion of Studio Art II and permission of teacher.

Graphic Design (S) (Honors)

This class is designed to allow students to further develop the skills of their chosen media, as well as beginning to conceptualize the content of their work. Part of the focus of the course is to allow students to begin to experience a more realistic studio environment where they are allowed more freedom to explore with the instructor as a guide. This course will make extensive use of design apps in Adobe Creative Suite.

Prerequisites: Successful completion of Studio Art I or Being Digital.

3-D Art (S) (Honors)

This class is designed to develop skills in 3D design to include: sculpture, architectural design, metal work, ceramics, glasswork, and assembly of fiber/fabric art.

Prerequisite: Art I CP

Dance I (CP)

The purpose of this course is to introduce students to dance, its history, its evolution, its impact on society and vice versa, and the importance of the Fine Arts in our culture. Students will acquire knowledge of the body's skeletal, muscular, and nervous system and will discover musical knowledge and the limitless possibilities music provides. The course includes work on several performance pieces. No previous experience in dance is required, and boys as well as girls are encouraged to enroll in this class. All students are expected to participate in a dance performance. Course credit in Dance can be applied to upper school requirements in either Arts, or Physical Education. Health (S) must accompany Dance if the credit is to satisfy the PE requirement.

Dance II & III (Honors)

Aimed at students who already have experience in dance either at school or outside, Dance II is a course designed to enhance and develop previous dance technique and composition. Course credit in Dance can be applied to requirements in either Arts or Physical Education. All students are expected to participate in a dance performance. These honors level courses emphasize creativity and artistic choreographic skills. Students will discover the art of teaching class as well as organizing, casting, and rehearsing a dance performance.

Prerequisites: Students who have taken Dance II may, with teacher approval, take Dance III.

Drama I: Introduction to Drama (CP)

In this year-long course students are provided with an advanced study in all areas of acting and stage production. This course includes study of Stage Directions, Parts of the Stage, Movement of the Actor, Positioning of the Actor,

Improvisation, Scene Building, and Stanislavski Method Exercises. All students are expected to participate in a large theatrical production.

Upper School Music Ensemble (Honors)

A performing ensemble whose focus and style of music will be dependent upon the students in the class. Basic proficiency on an instrument is required. Participants will prepare to play a variety of music for school functions and the community. The aims of this course include for students to grow as musicians, to learn some music theory, to ROCK!

Drama II: Acting Intensive (Honors)

This year-long course is intended for those high school students motivated to continue advanced study in all areas of acting and stage production.

Prerequisite: Successful completion of Drama I with a minimum grade of 80.

Computer Science/Technology

Middle School Being Digital (S) (Honors)

This semester long basic introductory computer class explores iPad basics, keyboarding, powerpoint, Renweb, Google Classroom, and Google literacy and utilization. This class is open for 7th and 8th grade students and will count as .50 credit.

Middle School Introduction to Programing (S) (Honors)

The course is an honors level, semester long class and will provide 8th graders with the basic fundamentals of computer programming. They will learn to create basic computer applications in the Processing Development Environment using the Processing programming language as well as web development skills with HTML and CSS. Upon completion of this course students receive .5 credit hours.

Prerequisite: Successful completion of Being Digital or Digital Literacy with a minimum grade of 85.

Computer Science Concepts and Practices (CP)

This is our introductory technology course that gives students a good foundation in computer skills and applications. Being Digital is intended for freshmen and sophomores and covers review/mastery of office applications (MS Word, Excel, and PowerPoint, and equivalent Mac applications) and Google apps), & Adobe Creative Suite. Students will also be able to explore social media, and a range of other digital applications. Recommended for grade 9.

Introduction to Digital Cinematography (S) (CP)

This course is an introduction to visual media in the art of filmmaking. Students will explore the technical foundation of visual storytelling through the elements of professional camera operation, lighting, camera effects, storyboards, shot sheets, casting, direction, sound effects, music scoring, and editing. Short video pieces will be assigned, and students will prepare the footage for editing, applying the theoretical, technical, and practical knowledge gained from the course. Some classical and contemporary film clips will be viewed and studied for technical application. Students will learn to use the camera in effective storytelling, and how to invoke emotion from an audience through images.

Prerequisites: Being Digital or Computer Science Concepts and Practices.

AP Computer Science Principles (Grades 9-12)

This course focuses on the innovative aspects of computing, as well as the computational thinking practices that help students make connections to their daily lives. Students will develop programming skills, use abstraction and algorithms, work with large datasets, and learn features of cyber security.

Prerequisite: Algebra I with a minimum grade of 85.

AP Computer Science A (rotating off 2019-2020)

AP Computer Science A emphasizes object-oriented programming methodology with an emphasis on problem solving and algorithm development and is meant to be the equivalent of a first-semester course in computer science. It also includes the study of data structures and abstraction. Students will learn to design and implement computer programs that solve problems relevant to today's society, including art, media, and engineering, and will learn to apply programming tools and solve complex problems through hands-on experiences and examples.

Prerequisites: A minimum grade of 85 in Algebra II (Honors)

Yearbook (Honors)

This elective involves preparing the school's yearbook for publication. Students will be exposed to journalism, editing, page layout, composition, photography, and other skills. When work on the yearbook is complete, the course work will turn to other areas of digital publication.

Prerequisites: Teacher appointment based on student interest, experience, and/or marketing/layout skills.

Other Electives

Middle School PE

Middle school PE does not carry credit towards Upper School graduation requirements.

Introduction to Gymnastics and Tumbling

Open to students in grades 7 or 8 interested in gymnastics. This course is a great way of boosting your body's overall fitness, improving agility, and muscle strength while learning the basics of gymnastics and tumbling.

Upper School PE (CP)

Students are required to gain at least a one year PE credit during the Upper School grades. Upper School PE will include components involving team activities, conditioning, and aerobic exercise. The PE requirement may also be satisfied by a full year of Upper School Dance accompanied by a semester of Health or Nutrition (beginning with Class of 2022).

PE/Health 1 (S) Fitness

This course is designed to assist students in obtaining accurate information, developing lifelong positive attitudes and behaviors, and making wise decisions related to their personal health.

PE II (S) Strength and Conditioning/Weight Training

This course focuses on strength training which includes instruction in lifts and principles of strength training, speed, and agility.

Introduction to Gymnastics and Tumbling I (S) (CP)

Open to students in grades 9-12 interested in gymnastics. This course is a great way of boosting your body's overall fitness, improving agility, and muscle strength while learning the basics of gymnastics and tumbling.

Varsity Football (CP) Students must be assigned to this course

Competitive Cheer (CP)

Must be assigned to this course

